

| Lactose Free Spring & Summer 2026                                                                                                                                                                  |          | MONDAY                                                                                                     | TUESDAY                                                                                 | WEDNESDAY                                                                                         | THURSDAY                                                                                      | FRIDAY FAVOURITES                                                                                          |
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| <b>WEEK ONE</b><br>Weeks Commencing:<br>20th April<br>11th May<br>1st June<br>22nd June<br>13th July<br>3rd August<br>24th August<br>14th September<br>5th October<br>26th October                 | Choice 1 | Southern Style Chicken Goujon or Vegetable Finger Wrap with Paprika Potatoes Mixed Vegetables or BBQ Beans | Mild Beef or Vegetarian Chilli Nachos with Mixed Rice & Sweetcorn Medley                | Pork or Vegetarian Sausages with Mashed Potatoes, Seasonal Vegetables & Gravy                     | Mild Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread                                | Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips Garden Peas or Baked Beans                    |
|                                                                                                                                                                                                    | Choice 2 | Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)                                 | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection   | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection             | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection         | Lactose Free Pita Pizza with Oven Baked Chips Garden Peas or Salad Selection (v)                           |
|                                                                                                                                                                                                    | Dessert  | Fruity Flapjack or Cooks Choice of Jelly Fruit Selection & Soya Milk                                       | Vanilla Shortbread & Fruit Wedges or Cooks Choice of Jelly Fruit Selection & Soya Milk  | Cooks Choice of Jelly Fruit Selection & Soya Milk                                                 | Mixed Fruit Medley or Cooks Choice of Jelly Fruit Selection & Soya Milk                       | Cooks Choice of Cookie & Soya Milkshake or Cooks Choice of Jelly Fruit Selection                           |
|                                                                                                                                                                                                    |          | MEAT FREE MONDAY                                                                                           | TUESDAY                                                                                 | WEDNESDAY                                                                                         | THURSDAY                                                                                      | FRIDAY FAVOURITES                                                                                          |
| <b>WEEK TWO</b><br>Weeks Commencing:<br>27th April<br>18th May<br>8th June<br>29th June<br>20th July<br>10th August<br>31st August<br>21st September<br>12th October<br>2nd November               | Choice 1 | Vegetarian Sausage Roll with Herby Potatoes Garden Peas & Sweetcorn or Baked Beans (v)                     | BBQ Pulled Pork or Quorn Burrito with Rainbow Vegetable Rice & Salad Selection          | Roast Chicken or Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy                    | Booths British Beef & Pork or Vegetarian Burger with Paprika Potatoes Vegetable Sticks & Dips | Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas                                    |
|                                                                                                                                                                                                    | Choice 2 | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection (v)                  | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection   | Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips                           | Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)                  | Lactose Free Pita Pizza with Oven Baked Chips & Sweetcorn (v)                                              |
|                                                                                                                                                                                                    | Dessert  | Cooks Choice of Traybake or Cooks Choice of Jelly Fruit Selection & Soya Milk                              | Mixed Fruit Medley or Cooks Choice of Jelly Fruit Selection & Soya Milk                 | Raspberry Bun or Cooks Choice of Jelly Fruit Selection & Soya Milk                                | Lemon Biscuit & Fruit Wedges or Cooks Choice of Jelly Fruit Selection & Soya Milk             | Cocoa Krispie Cake or Cooks Choice of Jelly Fruit Selection & Soya Milk                                    |
|                                                                                                                                                                                                    |          | MONDAY                                                                                                     | TUESDAY                                                                                 | WEDNESDAY                                                                                         | THURSDAY                                                                                      | FRIDAY FAVOURITES                                                                                          |
| <b>WEEK THREE</b><br>Week Commencing:<br>13th April<br>4th May<br>25th May<br>15th June<br>6th July<br>27th July<br>17th August<br>7th September<br>28th September<br>19th October<br>9th November | Choice 1 | Mild Piri Piri Chicken or Quorn Pita Pocket with Sunshine Rice & Garden Peas                               | Harry Ramsden's Salmon & Sweet Potato Fishcake with Paprika Potatoes & Mixed Vegetables | Honey Roast Gammon & Pineapple or BBQ Vegetarian Meatballs with Rosti Potatoes & Sweetcorn Medley | Mild Chicken or Quorn Korma Curry with Mixed Rice & Naan Bread                                | Pork or Vegetarian Hot Dog Crispy Onions & Tomato Ketchup with Oven Baked Chips Garden Peas or Baked Beans |
|                                                                                                                                                                                                    | Choice 2 | Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)                                | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection   | Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips                           | Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection         | Lactose Free Pita Pizza with Oven Baked Chips Garden Peas or Salad Selection (v)                           |
|                                                                                                                                                                                                    | Dessert  | Jam Sandwich Slice or Cooks Choice of Jelly Fruit Selection & Soya Milk                                    | Marble Shortbread & Fruit Wedges or Cooks Choice of Jelly Fruit Selection & Soya Milk   | Cooks Choice of Jelly Fruit Selection & Soya Milk                                                 | Mixed Fruit Medley or Cooks Choice of Jelly Fruit Selection & Soya Milk                       | Cook Choice of Cupcake or Cooks Choice of Jelly Fruit Selection & Soya Milk                                |

| <b>WEEK ONE</b><br>Weeks Commencing:<br>20th April<br>11th May<br>1st June<br>22nd June<br>13th July<br>3rd August<br>24th August<br>14th September<br>5th October<br>26th October                 | Gluten Free<br>Spring & Summer<br>2026 | MONDAY                                                                                                | TUESDAY                                                                                                | WEDNESDAY                                                                                          | THURSDAY                                                                                                | FRIDAY FAVOURITES                                                                                  |
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|                                                                                                                                                                                                    | Choice 1                               | Gluten Free Pasta & Tomato Sauce<br>with<br>Gluten Free Bread & Salad Selection<br>(v)                | Mild Beef or Vegetarian Chilli<br>with<br>Nachos Bake<br>Mixed Rice & Sweetcorn Medley                 | Gluten Free Pork Sausages<br>with<br>Mashed Potatoes, Seasonal Vegetables<br>& Gravy               | Mild Chicken or Quorn<br>Balti Curry<br>with<br>Mixed Rice & Gluten Free Bread                          | Gluten Free<br>Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas or Baked Beans |
|                                                                                                                                                                                                    | Choice 2                               | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection         | Gluten Free<br>Tomato & Mascarpone Pasta<br>with<br>Gluten Free Bread & Salad Selection<br>(v)     | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection          | Gluten Free Pizza Margherita<br>with<br>Oven Baked Chips<br>Garden Peas or Salad Selection<br>(v)  |
|                                                                                                                                                                                                    | Dessert                                | Cooks Choice of Jelly<br>or<br>Fruit Yoghurt<br>Fruit Selection & Milk                                | Gluten Free Cookie<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk                 | Ice Cream & Dessert Sauce<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk      | Mixed Fruit Medley<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk                  | Gluten Free Cookie & Milkshake<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection        |
|                                                                                                                                                                                                    |                                        | <b>MEAT FREE MONDAY</b>                                                                               | <b>TUESDAY</b>                                                                                         | <b>WEDNESDAY</b>                                                                                   | <b>THURSDAY</b>                                                                                         | <b>FRIDAY FAVOURITES</b>                                                                           |
| <b>WEEK TWO</b><br>Weeks Commencing:<br>27th April<br>18th May<br>8th June<br>29th June<br>20th July<br>10th August<br>31st August<br>21st September<br>12th October<br>2nd November               | Choice 1                               | Gluten Free<br>Tomato & Mascarpone Pasta<br>with<br>Gluten Free Bread & Salad Selection<br>(v)        | Gluten Free<br>BBQ Pulled Pork Sandwich Thin<br>with<br>Rainbow Vegetable Rice<br>& Salad Selection    | Roast Chicken Fillet<br>with<br>Roast Potatoes, Seasonal Vegetables<br>& Gravy                     | Gluten Free<br>Booths British Beef & Pork Burger<br>with<br>Paprika Potatoes<br>Vegetable Sticks & Dips | Gluten Free<br>Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas or Baked Beans |
|                                                                                                                                                                                                    | Choice 2                               | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection         | Choice of filled<br>Gluten Free Sandwich Thin<br>with<br>Tortilla Chips<br>Vegetable Sticks & Dips | Gluten Free Pasta & Tomato Sauce<br>with<br>Gluten Free Bread & Salad Selection<br>(v)                  | Gluten Free Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)                        |
|                                                                                                                                                                                                    | Dessert                                | Gluten Free Cake & Toffee Drizzle<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk | Mixed Fruit Medley<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk                 | Gluten Free Cookie<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk             | Cooks Choice of Jelly<br>or<br>Fruit Yoghurt<br>Fruit Selection & Milk                                  | Gluten Free Cookie<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk             |
|                                                                                                                                                                                                    |                                        | <b>MONDAY</b>                                                                                         | <b>TUESDAY</b>                                                                                         | <b>WEDNESDAY</b>                                                                                   | <b>THURSDAY</b>                                                                                         | <b>FRIDAY FAVOURITES</b>                                                                           |
|                                                                                                                                                                                                    | Choice 1                               | Gluten Free Mild Piri Piri Chicken<br>Sandwich Thin<br>with<br>Sunshine Rice & Garden Peas            | Gluten Free<br>Golden Crumb Fish Fingers<br>with<br>Paprika Potatoes & Mixed Vegetables                | Honey Roast Gammon & Pineapple<br>with<br>Roast Potatoes & Sweetcorn Medley                        | Chicken or Vegetable<br>Tikka Curry<br>with<br>Mixed Rice & Gluten Free Bread                           | Gluten Free Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)                        |
| <b>WEEK THREE</b><br>Week Commencing:<br>13th April<br>4th May<br>25th May<br>15th June<br>6th July<br>27th July<br>17th August<br>7th September<br>28th September<br>19th October<br>9th November | Choice 2                               | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection         | Gluten Free<br>Tomato & Mascarpone Pasta<br>with<br>Gluten Free Bread & Salad Selection<br>(v)     | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection          | Choice of filled<br>Gluten Free Sandwich Thin<br>with<br>Tortilla Chips<br>Vegetable Sticks & Dips |
|                                                                                                                                                                                                    | Dessert                                | Cooks Choice of Jelly<br>or<br>Fruit Yoghurt<br>Fruit Selection & Milk                                | Cooks Choice of Gluten Free Cookie<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk | Cooks Choice of Mousse<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk         | Mixed Fruit Medley<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk                  | Gluten Free Chocolate Muffin<br>or<br>Choice of Fruit Yoghurt or Jelly<br>Fruit Selection & Milk   |
|                                                                                                                                                                                                    |                                        | <b>MONDAY</b>                                                                                         | <b>TUESDAY</b>                                                                                         | <b>WEDNESDAY</b>                                                                                   | <b>THURSDAY</b>                                                                                         | <b>FRIDAY FAVOURITES</b>                                                                           |
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