

Jan 13th 2023

St. Mary's

Church of England Primary School
Kirkby Lonsdale



The Giant Turnip - Nursery

Newsletter

Nurturing creative thinkers

Honesty



Trust



Responsibility



Perseverance



Respect



Dear Parents,

What another exciting week with a lot of sport taking place and so many activities.

Cross Country

Well done to everyone who participated in the annual South Lakes Trails at Sedbergh Prep. The conditions were quite challenging with the weather being cold and wet, but the children performed admirably. Thank you to all of the parents able to come and watch and support their children and our school.

The results are available via these links:

https://docs.google.com/spreadsheets/d/1f7kvK2Fwx8TE1oSaWyPQ7or9GuANSAjR?rtpof=true&authuser=bjones%40stmaryskl.co.uk&usp=drive_fs

Some pupils will be informed if they have qualified for the Cumbria Final run on Tuesday.

Staff News

Thank you for your support and understanding as we navigate the next few weeks without Mrs Billington. I would like to thank Mrs Wallwork and Mrs Newton for their hard work in keeping the administration of the school going as smoothly as possible. You have all been very understanding – thank you. Everyone has valued your best wishes to both Mrs Billington and Mrs Winnard.

Swimming (Y4)

We have had a very successful start to swimming this week and look forward to our next session on Wednesday. It was good to see the children prepared and ready. Could we please ask you to ensure children do not wear earrings on this day as it proves to very unhelpful in making changing simple.

Change of Address or Telephone Number

If you have changed your address or telephone number recently, could you please ensure school has the correct details. This is essential for keeping in touch and especially in an emergency. Many thanks.

PTA

I just wanted to thank everyone for their contribution to the PTA Christmas Fair. We managed to raise £2698,91 which is a really generous. I am sure the PTA will ensure all of our children benefit from the funds raised. Thank you so much.

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Drop-in at St. Mary's School

Every Monday from 2-3pm term-time in the Family Room at the school.

Cake, Coffee & Chat.

All parents & guardians of children at St. Mary's School welcome!

More info email:
lol@cilfamilyproject.org



I just wanted to thank Lol and all of the volunteers who come each week to school. They will be starting again next week.

This is a great chance to meet other parents, chat with our volunteers, prior to picking up the children at the end of the day on Monday. Please pop in on Mondays in the family room – accessed from the infant yard.

I can confirm the cakes are very good!



E-School Nurse Video Clinics (By appointment only)

Twice weekly online health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.

Tuesday and Thursday

You will be able to talk to the nurse over a live video link using [Attend Anywhere](#). The link is private, secure, confidential and convenient. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic** Please read the information leaflet or visit:
www.cumbria.gov.uk/ph5to19

You can telephone for an appointment
01228 603973 Mon-Fri 8-4pm



happierhealthiercommunities.

NCIC/E-SNPPoster.A11022021 | APPENDIX 02



Healthy Habits 4 Life

Healthy Habits 4 Life is a **FREE** programme run by the Public Health 5-19 team for families in Cumbria with children in Reception to Year 7 who want to make the change to a healthier lifestyle. Families will be offered 1:1 support and advice on a range of areas:



A Public Health Practitioner will arrange to meet with you at a time and place to suit you and your family, this could be in your own home, at school or via video and will work with you over a number of weeks.

If you would like to know more or want your child to be included please contact us via the E-School Nurse clinic
E-SchoolNurse@ncic.nhs.uk

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Join us on
Sunday 15th January
between 4.30 and 6pm
at Kirkby Lonsdale
Methodist Church

We're
looking at
the theme of
'including
everyone'....



No charge for
entry, crafts or
food and no
need to book!

....doing some
fun crafts and
activities and
having a meal
together

For more information email klmessychurch@gmail.com

Follow us on Facebook - 'Kirkby Lonsdale Messy Church'



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Free School Meals - Clothing Allowance and New Applications.

If you receive Free School Meals, can I remind you to also apply for the £50 clothing allowance from the Local Authority. Please also go to the link below if you think you may qualify for Free School Meals.

£500,000 worth of additional funding has been allocated to the school clothing grant fund as part of a new £2m cost of living reserve fund. This means that eligible parents will now receive a clothing grant worth £50 for each primary school child, up from £25, and £100 for each secondary school child, up from £35.

If you're eligible, make sure you apply for free school meals if you haven't already so that you receive your school clothing grant too. It only takes 5 minutes.

<https://cumbria.gov.uk/childrensservices/schoolsandlearning/freeschoolmeals.asp>



Dear Parents,

Dolce have written to us to note a price increase in the new financial year – April 1st 2023.

| Meal price | Child Paid Meals | Nursery Paid Meals |
|------------|------------------|--------------------|
| Current | £2.45 | £2.15 |
| New | £2.66 | £2.33 |

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Multiplication tables check

Do you have a child in year 4 at primary school?

If so, your child will be participating in the multiplication tables check in June.

The purpose of the check is to determine whether your child can fluently recall their times tables up to 12, which is essential for future success in mathematics. It will also help your child's school to identify if your child may need additional support.

What is the multiplication tables check?

It is an on-screen check consisting of 25 times table questions. Your child will be able to answer 3 practice questions before taking the actual check. They will then have 6 seconds to answer each question. On average, the check should take no longer than 5 minutes to complete.

What if my child cannot access the check?

There are several access arrangements available for the check, which can be used to support pupils with specific needs. Your child's teacher will ensure that the access arrangements are appropriate for your child before they take the check in June.

The check has been designed so that it is inclusive and accessible to as many children as possible, including those with special educational needs or disability (SEND) or English as an additional language (EAL). However, there may be some circumstances in which it will not be appropriate for a pupil to take the check, even when using suitable access arrangements. If you have any concerns about your child accessing the check, you should discuss this with your child's headteacher.

Do I need to do anything to prepare my child for the check?

No, you do not need to do anything additional to prepare your child for the check. As part of usual practice, teachers may ask you to practise times tables with your child.

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Talk to us about **F**ostering

WITH CUMBRIA COUNTY COUNCIL

Could you transform a child's
life in 2023 by sharing yours?

Contact us today or
attend our upcoming
fostering information
event on **Thursday**
26 January at
Stramongate
School, Kendal
from 6pm to 8pm.



Become part
of Cumbria's
biggest
family



Fostering changes lives
0303 333 1216

Register your interest today
cumbria.gov.uk/fostering

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LUNE VALLEY SWIMMING POOL

SPLASHBALL

AN INTRODUCTION TO WATER POLO FOR
CHILDREN (6 YEARS - 10 YEARS)

STARTING FRIDAY THE
20TH OF JANUARY 2023
6PM TILL 6:45PM
LAST CHANCE TO BOOK
YOUR PLACE!

ARE YOU LOOKING FOR SOMETHING NEW FOR YOUR CHILD TO
TRY THIS NEW YEAR?

WHY NOT COME ALONG TO OUR NEW SPLASHBALL SESSIONS,
WHERE CHILDREN CAN LEARN THE BASIC SKILLS OF WATER
POLO!

SPLASHBALL IS A GREAT WAY FOR CHILDREN TO SOCIALISE WITH
THEIR FRIENDS WHILST DEVELOPING THEIR WATER SKILLS IN A
FUN WAY!

CHILDREN MUST BE ABLE TO SWIM 10 METRES CONFIDENTLY
AND HAVE ACHIEVED THEIR LEARN TO SWIM STAGE 2 AWARD.

£6.50 per session - £32.50 for 5 sessions

TO BOOK YOUR CHILD'S PLACE TODAY, EMAIL SCOTT OR GEORGIA
AT POOLMANAGER@LUNEVALLEYPOL.COM OR GIVE US A CALL
ON 01524 805666.

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Adventure on your doorstep!

Free February Family Fun

Join us this half-term for 3 days of fun,
adventure and exploring in the outdoors.

Can you work as a family team to
complete map-reading challenges
and explore your local area?



Mon 20th Kendal Rugby Club
Tues 21st Abbot Hall Park
Wed 22nd KUFC and Castle Hill

All sessions 10am - 12noon

also
23rd-25th
Feb
in venues
around
Ulverston



See our website and social media pages for more
information or email kathfo@lakeland.uk

www.lakeland-orienteeing.co.uk



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Adventure on your doorstep!

Free February Family-Fun Workshops

Six days across two lakeland town centres

| KENDAL | | ULVERSTON | |
|--------------------------------------|--------------------|---------------------------------------|-------------------------------|
| MON 20th FEB 10am - 12noon | Kendal Rugby Club | THURS 23rd FEB 10am - 12noon | Ulverston Leisure Complex |
| TUES 21st FEB 10am - 12noon | Abbot Hall Park | FRI 24th FEB 10am - 12noon | GSK Sports Club and Surrounds |
| WED 22nd FEB 10am - 12noon | KUFC & Castle Hill | SAT 25th FEB 11am-1pm | Ford Park |

See our pages for information and updates:

lakeland-orienteering.org.uk

Lakeland Orienteering Club



Outdoor adventures together



Adventure on your doorstep

Can you work as a family team to complete map-reading challenges?

Aimed at children aged 7-11 taking part with an adult.



Stay healthy

Work together

Play games

Get fitter

Have fun!

Challenge yourself

Learn new skills

Be adventurous

Enjoy being outdoors in nature

Follow us for information on how to register...



Lakeland Orienteering Club
lakeland-orienteering.org.uk



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First aid

**Call
Push
Rescue**

**Kendal West
Children's Centre
Tue. 28th February
7-8pm**

Delivered in partnership with Cumbria Fire and Rescue.

Come and learn emergency Life Support Skills

Caring for a casualty and the procedure for obtaining help

CPR - giving rescue breaths for babies, children and adults

**Dealing with choking - serious bleeding - and helping a suspected
heart attack casualty**

To book a place contact:

Joan.hanson@actionforchildren.org.uk

or telephone 07725 782198



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Family Cook-A-Long



**Wednesday
18th, 25th Jan &
1st, 8th, 15th Feb**

Sessions will be 1:30pm - 2:30pm

Join us on Microsoft Teams for a step by step demonstration to cook a family meal for 4 from your kitchen. Develop basic cooking skills.

Recipes shared in advance of session. Please contact Joan (see below) if ingredients or equipment are needed.

**Booking essential contact:
Joan Hanson 07725 782 198
joan.hanson@actionforchildren.org.uk**



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Keeping Children Safe



**Tuesday
14th March
7- 8pm**

Open to all parents of children aged 5-19

Are you worried about your child's online activity?

Do you want to learn more about keeping them safe?

Join our facilitator lead session to look at the risks children and young people face online and how parents can help.

Join us on Microsoft Teams.

**Contact to get a Microsoft Teams link
sharon.norton@actionforchildren.org.uk
Mobile: 07545 701 232**



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