



2022/2023

|           | TERM 1   |   | TERM 2   |  | TERM 3  |  |
|-----------|--|---|--|--|---|--|
| Nursery   | OAA - Forest School<br>FMS   | OAA - Forest School<br>FMS                                    | OAA - Forest School<br>FMS   | OAA - Forest School<br>FMS                                     | OAA - Forest School<br>FMS                                      | OAA - Forest School<br>FMS                   |
| Reception | Introduction to PE : Unit 1<br>Ball Skills : Unit 1<br>OAA - Forest School | Dance : Unit 1<br>Ball Skills : Unit 2<br>OAA - Forest School | Gymnastics: Unit 1<br>Fundamentals : Unit 1<br>OAA - Forest School | Fundamentals : Unit 2<br>Games : Unit 1<br>OAA - Forest School | Dance : Unit 2<br>Athletics - Sports Day<br>OAA - Forest School | Games : Unit 2<br>OAA - Forest School        |
| Year 1    | Fundamentals<br>OAA - Forest School  | Dance<br>Ball Skills  | Gymnastics<br>Sending and Receiving                                | Team Building<br>OAA - Forest School                           | Athletics<br>OAA - Forest School                                | Striking and Fielding<br>OAA - Forest School |
| Year 2    | Fundamentals<br>Team Building  | Dance<br>Ball Skills  | Gymnastics<br>Sending and Receiving                                | Fitness<br>OAA - Orienteering                                  | Athletics<br>Net and Wall                                       | Striking and Fielding<br>Invasion            |
| Year 3    | Fitness<br>Gymnastics  | Ball Skills Y3/4<br>Dance                                     | Dodgeball<br>Tag Rugby   | OAA - Orienteering<br>Trigolf                                  | Basketball<br>Athletics   | OAA<br>Fundamentals Y3/4                     |

|        |                    |                    |           |                    |            |              |
|--------|--------------------|--------------------|-----------|--------------------|------------|--------------|
| Year 4 | OAA - Orienteering | Hockey             | Tag Rugby | Cricket            | Athletics  | Rounders     |
|        | Netball            | Gymnastics         | Dance     | Football           | Tennis     | Multi Skills |
| Year 5 | Tag Rugby          | Dance              | Dodgeball | OAA - Orienteering | Athletics  | Tennis       |
|        | OAA                | Netball            | Yoga      | Gymnastics         | Basketball | Golf         |
| Year 6 | Tag Rugby          | OAA - Orienteering | Dance     | Dodgeball          | Athletics  | Rounders     |
|        | OAA                | Netball            | Football  | Hockey             | Cricket    | Fitness      |