

South Lakes District Cross Country:

We entered some very determined teams in the area cross country this year, which was a very cold and muddy event. I would also like to thank all of the families who came and supported the event and helped look after the children. I thought the children looked very smart in their new running vests too! Mrs Winnard and Mrs Chalmers did a superb job of organising the children and supporting them for the event. We have a growing reputation in cross country and all of our teams performed individually and as a team, extremely well. Congratulations to Charlie Barry who got a medal position in his race and well done. All of our teams deserve congratulating as they all came 1st, 2nd 3rd or 4th in their respective races and with 26 school taking part that is exceptional!



Ben Greenep Cross Country Race Thurs 19th Jan .

Learning from the conditions at the South Lakes District Cross Country, the children will be very muddy and potentially very cold. I would please encourage children to wear a base layer for running and suggest all children take their kit away for cleaning in a bin liner/plastic bag. Children will need water/gloves/hat to stay warm.



Mrs Highton Writes...

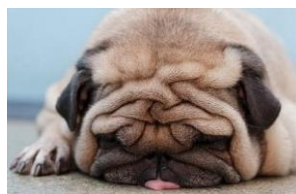
Many thanks for your contributions to the foodbank before Christmas. King's food bank were very appreciative. However we still need your continued support throughout the year. If your child could bring just 1 item per half term we would be able to send almost 200 items per half term to the food bank.

Non perishable food and toiletries are always needed. Think Tank is very grateful for your continued support.

Dried tinned items	Toiletries	Packet Food	Bottle/Cartons
Pasta, beans, oats, tinned vegetables/fruit/fish/meat	Toilet rolls, Shower Gel, Shampoo, Soap, Baby wipes	Soup, cereal, snack bars	Juice, Squash, Long Life Milk



We are providing Queen Elizabeth School access to the field behind our school to enable them to create a track to allow construction equipment to have access to the field for some works to begin in half term. We will ensure that access at pick up times is clear and safe.



For many of us we are struggling to get back into a routine after a wonderful and restful break at Christmas. This is the case for some of our children too. Could I please encourage parents to be mindful of the inevitable 'January Blues' and encourage our children to get plenty of sleep and encourage them in the morning as they emerge from their beds.

Advanced Notice:

- 10th Feb – Harry Potter Book Night (3:15-5:00pm)
- Parents Evenings Mon 13th and Wed 15th Feb